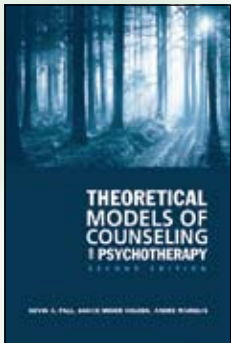


# Textbooks Fall Catalog

# Psychotherapy and Counseling 2009

NEW AND FORTHCOMING BOOKS

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## Theoretical Models of Counseling and Psychotherapy

Second Edition

**Kevin A. Fall**, Loyola University, New Orleans, USA, **Janice Miner Holden**, University of North Texas, USA, and **Andre Marquis**, University of Rochester, New York, USA

*Theoretical Models of Counseling and Psychotherapy* presents a comprehensive overview of a variety of major counseling theories. Written for both student and practitioner, this text gives the reader an easily accessible venue through which to explore the deeper layers of each theory, and provides a bridge from classroom study to practice. Chapters blend current literature with primary source material and include illustrative case examples, which help the reader more readily apply theory to practice.

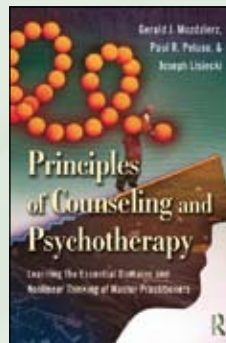
**CONTENTS:** Introduction. Classical Psychoanalysis. Self Psychology. Adlerian Counseling/Individual Psychology. Existential Counseling. Person-Centered Counseling. Gestalt Counseling. Behavioral Counseling. Cognitive Counseling. Rational Emotive Behavioral Therapy. Reality Therapy and Choice Theory. Constructivist Approaches. Systems Approaches. Integral Counseling.

March 2010: 448pp.

Hb: 978-0-415-99476-7: \$59.95

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## Principles of Counseling and Psychotherapy

Learning the Essential Domains and Nonlinear Thinking of Master Practitioners

**Gerald J. Mozdierz**, Loyola University Stritch School of Medicine, Illinois, USA, **Paul R. Peluso**, Florida Atlantic University, USA, and **Joseph Lisiecki**, Hines V.A. Hospital, Illinois, USA

This text presents a novel approach to teaching and learning the fundamental skills and techniques of counseling and psychotherapy, based on a “non-linear” process of thinking that more accurately reflects the reality of mental health practice. At the core of this text lies the idea that to best prepare students for practice with real clients, they have to learn how to *think* in a new way, the way that research has shown the most effective practitioners think. This non-linear approach to therapy is based on the authoritative research of Tom Skovholt and colleagues, who have studied “master therapists” in action for years, from which these authors have drawn seven core competencies of effective practice.

March 2009: 470pp.

Hb: 978-0-415-99751-5: \$125.00

Pb: 978-0-415-99752-2: \$49.95

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Forthcoming!

## Counseling Older Adults

John Blando, San Francisco State University, USA

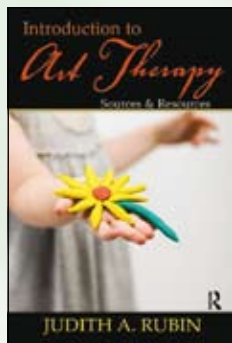
Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity to the contexts in which older adults live, are essential in working successfully with this population. This book provides an introduction to gerontological counseling, covering theories of aging (including a theory of gerontological counseling) and their practical application in counseling work with older adults; basic counseling skills and the counseling process in the context of work with older adults; contextual factors (race-ethnicity, social class, etc.) and a discussion of social justice issues.

**CONTENTS:** An Introduction to Counseling Older Adults, Theories of Aging and a Theory of Counseling Older Adults. Counseling Skills in Work with Older Adults. Problem Solving Skills and Skills Integration in Work with Older Adults. Psychodynamic Foundations in Work with Older Adults. The Counseling Process in Work with Older Adults. Specific Counseling Interventions in Work with Older Adults. Context: The Culture of Old Spirituality in Counseling Older Adults. Counseling Racial and Ethnic Minority Older Adults. Counseling Other Minority Older Adults. Social Justice in Counseling Older Adults. Career, College and School Counseling and Older Adults. Rehabilitation Counseling and Older Adults. Familial and Social Issues in Community and Mental Health Counseling of Older Adults. Psychological Issues in Community and Mental Health Counseling of Older Adults. Conclusion: Next Steps.

September 2010: 288pp.

Pb: 978-0-415-99051-6: \$37.95

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New Edition!

## Introduction to Art Therapy Sources and Resources

Second Edition

Judith A. Rubin, University of Pittsburgh, USA

*Introduction to Art Therapy: Sources and Resources*, is the thoroughly updated and revised second edition of Judith Rubin's

landmark 1999 text in art therapy, the first in the field to clarify the differences between artists or teachers who provide "therapeutic" art activities, psychologists or social workers who request drawings or suggest creative tasks in their work, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. This new edition contains a DVD-ROM with over 400 still images and 250 edited video clips; a new chapter on describing the work that art therapists do and new material on education that includes updated information on standards, ethics, and informing others.

**CONTENTS:** Introduction to the Revised Edition. Previews. What is Art Therapy? History. The Basics. Approaches. Assessment. Technique(s). People We Serve. Problems We Address. Places We Practice. Professional Issues. What Next?



August 2009: 356pp.

Hb: 978-0-415-96093-9: \$52.95

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Forthcoming!

## A Guide to Practicum and Internship for School Counselors-in-Training

Jeannine R. Studer, and Joel Diambra, both at the University of Tennessee, USA

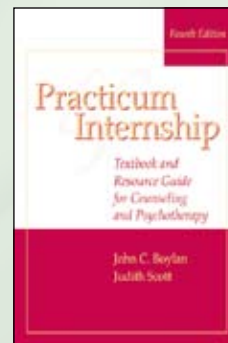
There are numerous books available for counseling students who are entering their practicum and internship experience that provide them with an overview of the different details of the program and the knowledge they need to complete it successfully. What is lacking among these titles, however, is a (something) focus on and discussion of the important information those students who specifically intend to enter the school counseling field need. Studer and Diambra have finally filled this gap with *A Guide to Practicum and Internship for School Counselors-in-Training*. Geared specifically at future school mental health professionals, this book addresses all the pertinent topics, issues, and concerns missing in the current literature.

**CONTENTS: Part I: The Practicum and Internship Journey.** Getting Started. Overview of Supervision. A Developmental Passage – Models of Supervision. **Part II: The ASCA National Model as a Structure for Understanding the Role of the Professional School Counselor.** Transformational and ASCA National Models and Components. The Delivery System. Accountability and the School Counselor-in-Training. The Management System. Foundation. **Part III: Guidelines for Working with Special Populations.** Understanding Differences in Schools. Developmental Issues of Students. Popular Counseling Theories Used by School Counselors. **Part IV: Competing the Clinical Experiences.** Transitioning Forward.

March 2010: 160pp.

Pb: 978-0-415-99747-8: \$39.95

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## Practicum and Internship Textbook and Resource Guide for Counseling and Psychotherapy

Fourth Edition

John C. Boylan, Coastal Carolina University, USA, and Judith Scott, University of Pittsburgh, USA

"Drs. Boylan and Scott's revised edition is an incredible compendium of both necessary and essential information for the Practicum and Internship counseling student. It provides the student with a concise and in-depth review of the critical knowledge and skills vital to their field competencies... I recommend this book for adoption in Practicum and Internship courses in any and all CACREP Counseling Programs." - John J. Lemoncelli, Marywood University, Pennsylvania, USA

Completely revised and updated, the fourth edition of *Practicum and Internship* carries on the tradition of the previous editions as a popular and highly useful textbook and resource guide. It continues to be a comprehensive resource for students and their supervisors throughout the counseling and psychotherapy process, providing thorough coverage of both the theoretical and practical aspects of the practicum and internship process. New in this edition are a listing and description of the various counseling theories and techniques; a section on crisis intervention and response; detailed guidelines for school mental health consultation; and forms for evaluating performance, cognitive, and consulting skills.



2008: 608pp.

Pb: 978-0-415-99069-1: \$49.95

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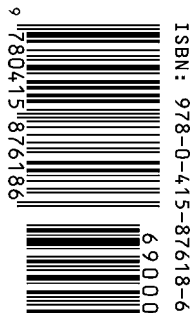
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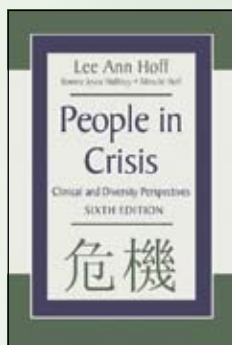
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## People in Crisis Clinical and Diversity Perspectives

Sixth Edition

**Lee Ann Hoff**, Life Crisis Institute, Boston, USA, with **Bonnie Joyce Hallisey**, Curry College, Massachusetts, USA, and **Miracle Hoff**, Drake Counseling Services, Fargo, North Dakota, USA

*"My graduate students over the years have used People in Crisis for learning how to*

*understand and respond appropriately to multiple personal, national, and international crises faced by people for whom we provide care. The focus on cultural sensitivity and resilience are wonderful additions to the text."*

- **Betty D. Morgan**, University of Massachusetts-Lowell, USA

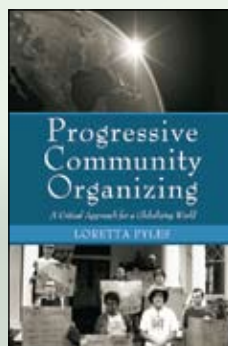
The first edition of *People in Crisis*, published in 1978, established success as a comprehensive and user-friendly text for health and social service professionals. This revised edition includes new case examples and expanded coverage of cross-cultural content, including "commonalities and differences" in origins, manifestations, and crisis responses. The authors illustrate the application of crisis concepts, assessment, and intervention strategies across a wide range of health and mental health settings, as well as at home, school, workplace, and in the community. Each chapter contains a closing summary that includes discussion questions, references, and online data sources for maximum application and learning.

February 2009: 480pp.

Pb: 978-0-415-99075-2: \$49.95

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[www.routledgejournalhealth.com/people-in-crisis](http://www.routledgejournalhealth.com/people-in-crisis)



## Progressive Community Organizing A Critical Approach for a Globalizing World

**Loretta Pyles**, State University of New York, Albany, USA

This interdisciplinary textbook offers a comprehensive view of the central issues facing progressive community organizers who seek to mobilize those negatively

impacted by local, national, and global social policies and practices. Intended for both undergraduate and graduate students in social work, it aims to articulate the depth of the subject by introducing students to the philosophical, political, and sociological theories that inform community organizing and advocacy. These topics are explored in detail through such examples as the labor movement, environmental organizing, feminist movements, and faith-based movements as a way to inform social work community practice. The author emphasizes the importance of a thorough understanding of why and how people get together to effect change in their own communities.

Each chapter includes relevant discussion questions for reflection, as well as a list of useful books and websites for further inquiry. Also included are numerous case studies from community efforts in Post-Katrina New Orleans, many of which the author has been involved in herself, providing a recent and widely recognized series of real world examples that will be easily accessible for students and professors around the world.

January 2009: 208pp.

Pb: 978-0-415-95780-9: \$44.95

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