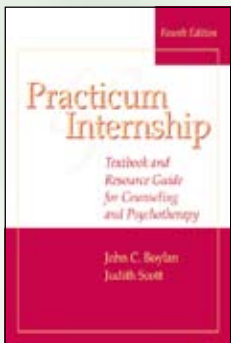


# Textbooks Spring Catalog

# Psychotherapy and Counseling 2009

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**New Edition!**

## Practicum and Internship

### Textbook and Resource Guide for Counseling and Psychotherapy

Fourth Edition

**John C. Boylan**, Coastal Carolina University, USA, and **Judith Scott**, University of Pittsburgh, USA

*"This book is important to counselor educators and others who seek an empirical model for the overall clinical experience of counseling students. Boylan and Scott apply relevant research findings to inform us of how distinctively defined a supervised clinical learning experience must be in counselor education programs."* - **Jack L. Shortridge**, Regional Counseling Director, Webster University, USA

*"Drs. Boylan and Scott's revised edition is an incredible compendium of both necessary and essential information for the Practicum and Internship counseling student. It provides the student with a concise and in-depth review of the critical knowledge and skills vital to their field competencies... I recommend this book for adoption in Practicum and Internship courses in any and all CACREP Counseling Programs."* - **John J. Lemocelli**, Psychology and Counseling Department, Marywood University, USA

Completely revised and updated, the fourth edition of *Practicum and Internship* continues in the tradition of the previous editions as a popular and highly useful textbook and resource guide. It continues to be a comprehensive resource for students and their supervisors

throughout the counseling and psychotherapy process, providing thorough coverage of both the theoretical and practical aspects of the practicum and internship experience.

This text guides students through the important pre-professional training experiences, from the selection of an appropriate practicum site to the final evaluation of the internship. Organizing the content into four sections for clarity and ease of use, the authors discuss all the relevant information regarding the practicum experience, preparation for the internship, the internship experience and evaluation, and important ethical and legal considerations.

New in this edition are a listing and description of the various counseling theories and techniques; a section on crisis intervention and response; detailed guidelines for school mental health consultation; and forms for evaluating performance, cognitive, and consulting skills.

Forms are provided at the end of the book for the student's use in site selection, assessment, client treatment, and performance feedback and evaluation. These forms are also included in electronic format on an accompanying CD to allow students to modify and reuse them.

**CONTENTS: Part I: The Practicum Experience.** Definitions, Phases, and Standards. Preparation for Practicum. Practicum Content Issues. Practicum Process Issues. Monitoring the Professional Development of Practicum Students. **Part II: Ethics and the Law.** Ethics in Counselor Education. Legal Issues. **Part III: The Internship Experience.** Guidelines for Interns Working with Special Populations and Crisis. Consultation in the Schools and Mental Health Agencies: Models and Methods. **Part IV: Internship Preparation and Experience.** Preparation for Internship. Process and Evaluation in Internship. Final Evaluations. Appendices. Alphabetical Listing of DSM-IV-TR Diagnoses and Codes. Numerical Listing of DSM-IV-TR Diagnoses and Codes. Psychiatric Medications. HIPAA Guidelines. Sample Adolescent Informed Consent Form. Forms.



2008: 608pp.

Pb: 978-0-415-99069-1: £34.00/\$49.95

Forthcoming!

## Principles of Counseling and Psychotherapy

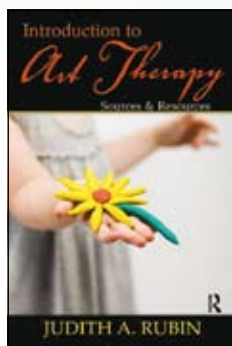
### Learning the Essential Domains and Nonlinear Approaches of Master Practitioners

**Gerald Mozdierz**, Loyola University Stritch School of Medicine, USA, **Paul Peluso**, Florida Atlantic University, USA, and **Joseph Lisiecki**, Hines V.A. Hospital, USA

This text presents a novel approach to teaching and learning the fundamental skills and techniques of counseling and psychotherapy, based on a "nonlinear" process of thinking that more accurately reflects the reality of mental health practice. At the core of this text lies the idea that to best prepare students for practice with real clients, they have to learn how to *think* in a new way, the way that research has shown the most effective practitioners think. This nonlinear approach to therapy is based on the authoritative research of Tom Skovholt and colleagues, who have studied "master therapists" in action for years, from which these authors have drawn seven core competencies of effective practice. These competencies also line up with a three-level model of counselor experience developed and researched by Cal Stoltenberg. The result is a paradigm shift in how to teach and learn basic counseling skills, which separates this text from the competition.

**CONTENTS: Part I: Introduction. Part II: The Level I Practitioner Profile.** The Basic Skills of Psychotherapy: A New Look. The Domain of Connecting with and Engaging the Client, Part I: Listening. The Domain of Connecting with and Engaging the Client, Part II: Responding. The Domain of Assessment, Part I: Clients' Symptoms, Stages of Change, Needs, Strengths, and Resources. The Domain of Assessment, Part II: The Theme Behind a Client's Narrative, Therapeutic Goals, and Client Input about Goal Achievement. The Domain of Establishing and Maintaining the Therapeutic Relationship and the Therapeutic Alliance, Part I: Relationship Building. The Domain of Establishing and Maintaining the Therapeutic Relationship and the Therapeutic Alliance, Part II: The Care and Feeding of the Therapeutic Alliance. **Part III: The Level II Practitioner: Supervisory and Developmental Considerations.** The Domain of Understanding Clients' Cognitive Schemas, Part I: Foundations. The Domain of Understanding Clients' Cognitive Schemas, Part II: Assessment and Clinical Conceptualization. The Domain of Addressing and Managing Clients' Emotional States, Part I: Basic Understandings. The Domain of Addressing and Managing Clients' Emotional States, Part II: Managing Common Negative Emotions in Therapy. The Domain of Addressing and Resolving Ambivalence, Part I: Understanding and Identifying Client Ambivalence. The Domain of Addressing and Resolving Ambivalence, Part II: Working with and Resolving Client Ambivalence. **Part IV: The Level III Practitioner Profile.** The Domain of Paradoxical Interventions, Part I: Definition and Neutralizers. The Domain of Paradoxical Interventions, Part II: Tranquilizers. The Domain of Paradoxical Interventions, Part III: The Energizers. The Domain of Paradoxical Interventions, Part IV: Challengers. Ethically and Effectively Helping the Client to Disengage: How and Why Nonlinear Thinking and Paradoxical Interventions Contribute to the Making of a Master Therapist.

March 2009: 487pp.  
Hb: 978-0-415-99751-5: £69.00/\$125.00  
Pb: 978-0-415-99752-2: £27.95/\$49.95



New Edition!

## Introduction to Art Therapy Sources & Resources

Second Edition

**Judith A. Rubin**, University of Pittsburgh, USA

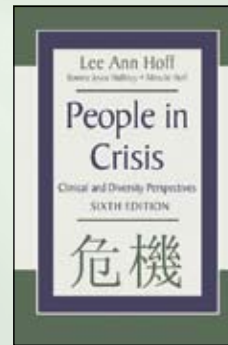
*Introduction to Art Therapy, Second Edition*, clarifies the differences between artists or teachers who provide "therapeutic" art activities, psychologists or social workers

who request drawings or suggest creative tasks in their work, and those who are trained as art therapists to do a kind of work which is similar, but qualitatively different. Thoroughly revised and updated, this second edition contains a DVD with still images and edited video clips; a new chapter on describing the work that art therapists do; new material on education that includes updated information on Standards, Ethics, and Informing Others; and a revised Appendix.

**CONTENTS:** Introduction to Revised Edition. Previews. What is Art Therapy? History. The Basics. Approaches. Assessment. Technique. People We Serve. Problems We Address. Places We Practice. Education and Standards. What Next. Appendix. Resources.



July 2009: 365pp.  
Hb: 978-0-415-96093-9: £29.00/\$52.95



New Edition!

## People in Crisis Clinical and Diversity Perspectives

Sixth Edition

**Lee Ann Hoff**, Life Crisis Institute, Boston, USA, with **Bonnie Joyce Hallisey**, Curry College, USA, and **Miracle Hoff**, Drake Counseling Services, Inc, Fargo, USA

*"I have utilized People in Crisis for over six years teaching graduate students... It provides practitioners with ways to understand and respond appropriately to the multiple personal, national, and international crises that face the people for whom we provide care. The focus on diversity, cultural sensitivity and resilience are wonderful additions to the text."* - **Betty D. Morgan**, University of Massachusetts, Lowell, USA

Since its original publication in 1978, *People in Crisis* has established itself as a classic text in the field, while each subsequent edition has been updated and revised in order to keep pace with the newest research and trends – the sixth edition is no exception. Joining Lee Ann Hoff are two new collaborators, who further expand the interdisciplinary foundations of the text and add new expertise on resilience, workplace violence, war and trauma, and youth violence.

New features of the 6th Edition include:

- expanded and additional case vignettes
- chapter summaries
- discussion questions
- completely updated references focus on latest research and scholarship
- a new Glossary
- "Online Resources" icons direct readers to the new companion website.

The companion website includes student-friendly resources and for the instructor, sample course syllabi and guidelines for creating a distance learning course.

**CONTENTS: Part I: The Understanding and Practice of Crisis Intervention.** Crisis Theory and Practice: Introduction and Overview. Understanding People in Crisis. Identifying People at Risk. Helping People in Crisis. Family and Social Network Strategies During Crisis. **Part II: Crisis Related to Developmental and Situational Transitional States.** Stress and Change During Life Passages. Threats to Health and Self-image. Threats to Occupational and Residential Security. **Part III: Suicide, Violence, and Catastrophic Events.** Suicide and Other Self-destructive Behavior: Understanding and Assessment. Helping Self-destructive People and Survivors of Suicide. The Crisis of Victimization by Violence. The Violent or Abusive Person: Individual and Sociocultural Factors. Violence and Crisis from Disaster.

February 2009: 480pp.  
Pb: 978-0-415-99075-2: £30.00/\$49.95

[www.routledgeentalhealth.com/people-in-crisis](http://www.routledgeentalhealth.com/people-in-crisis)

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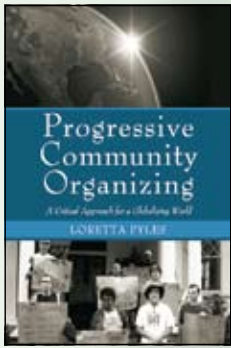
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New!

## Progressive Community Organizing A Critical Approach for a Globalizing World

**Loretta Pyles**, State University of New York at Albany, USA

*"This is an important book. [It] brings a fresh dimension to the field through the lens of progressive community organizing. The book*

*has strong theoretical substance and has 'broken the mold' with its original contents, including such topics as theory, social movements, faith, and globalization."* - Elizabeth Beck, Georgia State University, USA

*"Loretta Pyles has written an engaging text that highlights the purpose and contemporary relevance of community organizing. At a time of renewed interest in grassroots social change, students and those new to the field will find this book relevant in both its accessibility and use of examples of domestic and international organizing. The inclusion of chapter 'extras' and appendices on contemporary organizing in post-Katrina New Orleans also make this a useful tool for educators."*

- Scott Harding, University of Connecticut, USA

This interdisciplinary textbook offers a comprehensive view of the central issues facing progressive community organizers who seek to mobilize those negatively impacted by local, national, and global social policies and practices. Intended for both undergraduate and

graduate students in social work, it aims to articulate the depth of the subject by introducing students to the philosophical, political, and sociological theories that inform community organizing and advocacy. These topics are explored in detail through such examples as the labor movement, environmental organizing, feminist movements, and faith-based movements as a way to inform social work community practice. The author emphasizes the importance of a thorough understanding of why and how people get together to effect change in their own communities. Ongoing debates and controversies that face organizers and advocates in the social work profession are also considered.

Each chapter includes relevant discussion questions for reflection, as well as a list of useful books and websites for further inquiry. Also included are numerous case studies from community efforts in Post-Katrina New Orleans, many of which the author has been involved in herself, providing a recent and widely recognized series of real world examples that will be easily accessible for students and professors around the world.

**CONTENTS: Part I: Foundations of Community Organizing.** Introduction. The Self-aware Organizer. Theories and Ideas for the Progressive Organizer. Learning From Social Movements. Critical Organizing Frameworks.

**Part II: Tools for Community Organizing.** Organizing People: Constituencies and Coalitions. Toward Empowering Organizations. Language Matters: Issue Framing and Communication. Tactics for Change. **Part III: Enduring and Emergent Issues in Organizing.** Toward Solidarity: Understanding Oppression and Working with Identity. Religious and Spiritual Aspects of Organizing. Global Justice: Organization and Resistance.

January 2009: 208pp.

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